

SHELLAC

No chipping, no smudging, no kidding. A thin, flexible LED gel polish that dries in zero time giving you a flawless, mirror finish for up to 14 days. Includes cuticle work and nail shape.

Shellac file and apply.....	£26.00
Shellac soak off only (15 mins)	£10.50
Shellac soak off and reapply	£31.00
Shellac removal with any other nail treatment.....	£5.50
Nail art	from £2.50

MASSAGE AND WELL-BEING

We offer a range of expert massage techniques for stress reduction and total body relaxation to suit individual needs.

BACK, NECK AND SHOULDERS (30 mins).....	£31.00
FULL BODY (60 mins).....	£49.00
HEAD, NECK AND SHOULDERS (15 mins).....	£20.50
TOTAL BODY WELLNESS (60 mins).....	£49.00

Includes back treatment with oils and mask, massage of back, backs of legs and scalp for total body relaxation.

AYURVEDIC FACIAL (60 mins).....	£56.50
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A unique concept that has been likened to a facial and Indian head massage combined in one therapy treatment. A journey of oriental bliss is based on the ancient Ayurvedic principle.

PURE INDULGENCE (90 mins)	£70.50
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This is a very special 90 min treatment. The quintessential combination - experience a back, neck and shoulders massage and an essential facial. Simply relax!

HOPi EAR CANDLES (30 mins)	£29.00
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A holistic approach to ear suffering – can help relieve sinus problems, headaches, catarh and clogged ears. A soothing treatment which includes a pressure point massage to face and ears.

REIKI (45 mins)	£35.00
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A Japanese healing treatment that will help to still the mind, calm emotions and heal the body – bringing inner peace.

HOT STONE MASSAGE (45 mins).....	£42.00
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Luxurious treatment on back and back of legs using heated stones which are bathed in warm oils and massaged over the skin to melt away knots, tension and stress.

INDIAN HEAD MASSAGE (30 mins).....	£31.00
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A blissful treatment performed through clothing to release tension to neck, shoulders, scalp and face, whilst sitting comfortably in the chair.

REFLEXOLOGY (45 mins).....	£34.00
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A specialised ancient healing art working on the reflex points of the feet to stimulate circulation, detoxicate, relax and restore the free flow of energy to the whole body.

YUMMY MUMMY PREGNANCY MASSAGE (1 hour)	£48.00
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Using specific pre-natal massage techniques, this treatment works to relieve tired muscles, ease cramps, increase circulation and send you to a relaxed state of blissful calm.

SPECIAL PACKAGES

PICK ME UP PAMPER (2 hours)(Saving £15)	£77.00
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Dermalogica Pro skin 30
Back, neck and shoulder massage
Deluxe Manicure.

LUXURY PAMPER (4 hours) (Saving £22)	£145.00
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Includes Dermalogica Pro skin 60 Essential,
Eyebrow Shape, Full Body Massage, refreshment,
Express Colour Manicure and Luxury spa Pedicure.

Please note - All treatments 90 mins and over will require a £10 deposit at the time of booking.

Do visit our 'walk in' nail bar on the ground floor in Bradbeers (perfumery department)

OPENING TIMES

Monday	9.00am to 5.15pm
Tuesday	9.00am to 5.15pm
Wednesday	9.00am to 5.15pm
Thursday	9.00am to 8.00pm
Friday.....	9.00am to 5.15pm
Saturday	9.00am to 4.00pm

Gift vouchers available



All prices include VAT.

VAT registration no. 794945464

14-20 Bell Street, Romsey, Hampshire SO51 8ZE

Tel: 01794 526 617 www.beauty-studio.co.uk



Treatment Price List

Suzanne Portman



DERMALOGICA SKIN TREATMENTS

Our treatments are carefully designed and tailored to meet your individual requirements using therapeutic and pioneering Dermalogica products.

PRO SKIN 30 EXPRESS (30 mins)£30.00

Our customised treatment on your time! Targeting your key skin concerns for maximum impact in minimum time. This treatments is a firm favourite with those who have just 30 minutes and want visible results.

PRO SKIN 60 ESSENTIAL (60 mins).....£50.00

The ultimate treatment, different every time. Customised with advanced product, technique and technology in a soothing environment. The ideal choice for those that want a comprehensive experience to address all skin concerns and achieve healthy, glowing skin.

PRO SKIN 60 AGE SMART (60 mins)£55.00

For prematurely ageing and mature skin. This treatment delivers immediate results using Age Smart range of products with vitamins and hydroxy acid exfoliation to resurface and re-texture the skin.

EXPERT ACTIVE (60 mins)£65.00

Intensive, resurfacing treatment, dramatic results! This treatment is delivered by our 'Expert' Therapists only. This super charged treatment features our professional grade products, power up by the latest technology to deliver smooth polished skin. Intensive products, no redness, no downtime.....just amazing skin! (A patch test is required prior to this treatment at least 24 hrs before).

Take advantage with this facial and get **10% off** Dermalogica products.

ADVANCED FACIALS

OXYGEN THERAPY

Oxygen Therapy replenishes lost oxygen and visibly plumps lines and wrinkles while firming the skin around the eyes, face and neck. All oxygen treatments include a diamond peel microdermabrasion treatment.

OXYGEN THERAPY

60 mins£61.50

Course of 5£246.00

Course of 10£492.00

DIAMOND PEEL MICRODERMABRASION

The most advanced microdermabrasion using diamond grain. The treatment allows you to treat lines, wrinkles, dull dehydrated skin, sun damaged skin, acne scarring and congested acne prone skin.

SKIN SMOOTHIE

30 mins£41.00

Course of 5£164.00

Course of 10£328.00

SUPER SKIN SMOOTHIE

60 mins£56.50

Course of 5£226.00

Course of 10£452.00

CACI NON SURGICAL FACE LIFT

The award winning CACI microcurrent system is the most publicised salon treatment system available. Individual treatment will give results but for optimum results a course of 10 is recommended.

60 mins£52.00

Course of 5 (Saving £35).....£225.00

Course of 10 (Saving £75).....£445.00

CACI ULTIMATE ANTI AGEING FACE LIFT

This comprehensive treatment is the elite in anti ageing incorporating microdermabrasion, hydratone mask, microcurrent face lift and wrinkle comb. The treatment targets deep lines and wrinkles and hydrates the skin.

(90 mins).....£75.00

Course of 5 (Saving £50).....£325.00

Course of 10 (Saving £120).....£630.00

CACI JOWL LIFT

The CACI jowl lift has been designed with quad probe applicators which offer double the lifting action of other CACI treatments for enhanced results. This treatment has been developed specifically to target muscle laxity round the jawline often caused by ageing.

30 mins£26.00

Course of 10 recommended 2 times weekly (Saving £25)£235.00

Added on to any other CACI treatment 15 mins.....£15.50

CACI EYE REVIVE

The CACI Eye Revive treatment uses microcurrent to gently lift and tone sagging muscles around the eye area, whilst serum filled rollers and a deeply nourishing eye mask reduce fine lines, dark circles and puffiness.

45 mins£40.00

Course of 10 (Saving £40).....£360.00

CACI EYE REVIVE AND JOWL LIFT

A rejuvenating treatment which targets the jaw line and eye area

60 mins£55.00

Course of 5 (Saving £40).....£235.00

Course of 10 (Saving £80).....£470.00

EYE CARE

We recommend sensitivity testing 24 hours prior to tinting, and eyelash lifting.

Eyelash Tint£16.00 Eyebrow Tint/Shape£16.50

Eyebrow Tint£11.50 Eyebrow Shape£11.50

Eyelash/Eyebrow Tint£21.50 Eyelash/Eyebrow Tint/Shape £26.00

LASH LIFT

This is an exciting technique that gives you longer and fuller looking lashes without the need for extensions. Your own lashes are given a natural lift from the root and a colour boost is added, creating a beautiful 'open eyed' effect and a more youthful appearance that is completely natural.

(lasts up to 8 weeks) (60 mins)£38.00

FAB BROWS

This treatment consists of tinting, waxing, trimming, shaping and powder to create your perfect eyebrow shape.

(30 mins).....£20.50

EAR PIERCING

(Complete with 24 carat gold plated studs and aftercare lotion) ...£20.50

TANNING

Using Sienna X evenly applied by a therapist to complement your existing skin shade. Includes exfoliation (60 mins).....£36.00

LITTLE WOMEN UNDER 16'S

Mini manicure£12.50 Eyebrow shape/trim.....£8.50

Half leg wax£14.50 Clear Start teen facial.....£31.00

Under arm£8.50 (Includes Clear start take home kit)

Bikini wax£8.50 Half leg and underarm.....£20.50

Half leg, Bikini£22.50 Full leg Bikini£26.00

and underarm£26.00 and underarm

HAIR REMOVAL

WAXING

Lip or chin£11.50 Lip and chin£14.50

Half leg£18.50 Half leg and bikini.....£24.50

Full leg£31.00 Full leg.....£26.00

under arm£12.50 Full leg and bikini£31.00

Full leg, bikini£34.00 Under arm£12.50

& under arm£12.50 Bikini.....£12.50

Brazilian/Hollywood£20.50 Half leg & Brazilian/£32.00

Full leg & Brazilian/£43.00 Hollywood

Hollywood£23.50 Chest or back£23.50

Chest and back£34.00 Forearm.....£15.50

ELECTROLYSIS (Progressively permanent hair removal)

Free consultation

Minimum charge£14.50

15 minutes£18.50

30 minutes£26.00

REDVEIN/SKINTAG REMOVAL

(15 mins).....£30.00

HAND AND FOOT CARE

EXPRESS COLOUR MANICURE/PEDICURE (30 mins)£15.50

Nail shape is tidied followed with the colour of your choice.

DELUXE MANICURE (1 hour)£31.00

Includes cuticle work, scrub, massage, reshape and polish.

LUXURY SPA MANICURE (1 hour 15 mins).....£36.00

Incorporating scrubs, masks, heated mitts, cuticle work, re-shape, polish and a luxurious hand and arm massage. The ultimate 'Hand Facial'.

DELUXE PEDICURE (1 hour)£31.00

This treatment includes a refreshing foot bath, cuticle work, removal of rough skin, exfoliation and foot massage, followed with your choice of polish.

LUXURY SPA PEDICURE (1 hour 15 mins).....£36.00

Pure indulgence for the feet, lower legs and toe nails. The application of stimulating scrubs, masks, heated boots, cuticle work, re-shape, polish and cream make you feel like you are walking on air.

NAIL ENHANCEMENTS

Full Set (tips)£41.00

Infills£26.00

Full Set overlay£31.00

Full Set soak off and re apply£48.00

Single nail repair£5.00 per nail

Shellac on top of acrylic.....£5.50

Soak off with mini manicure.....£31.00