

## MASSAGE AND WELL-BEING

We offer a range of expert massage techniques for stress reduction and total body relaxation to suit individual needs.

**HEAD, NECK AND SHOULDERS** ..... £35.25

**INDIAN HEAD MASSAGE** ..... £48.50

An ancient Indian Head Massage treatment for the shoulders, head & scalp, which helps to relieve sinus blockages, headaches and stress.

**BACK, NECK AND SHOULDERS** ..... £48.50

**BACK REVIVAL** ..... £73.00

Indulge in a luxurious back cleanse and exfoliation, followed by a calming and hydrating masque with nourishing oils, all while receiving a relaxing leg, foot and scalp massage. The experience concludes with a soothing back, neck, and shoulder massage.

**FULL BODY** ..... £73.00

Experience ultimate relaxation. Easing tension from head to toe - legs, arms, back, neck, shoulders and scalp included.

**HOT STONE MASSAGE** .....£65.25

Luxurious treatment on back and back of legs using heated stones which are bathed in warm oils and massaged over the skin to melt away knots, tension and stress.

**PURE INDULGENCE** ..... £114.50

This is a very special 90 min treatment. The quintessential combination - experience a back, neck and shoulders massage and a pro skin 60 essential facial. Simply relax.

**THAI FOOT MASSAGE** ..... £65.25

This incredible ancient technique is a treatment that incorporates the lower legs and feet whilst combining stretching, massage and reflexology. A small traditional Thai wooden stick is used to stimulate the reflex points on the feet which corresponds to the internal organs of the body. Stimulated to promote general health and wellbeing

**YUMMY MUMMY PREGNANCY MASSAGE** ..... £73.00

Using specific pre-natal massage techniques, this treatment works to relieve tired muscles, ease cramps, increase circulation and send you to a relaxed state of blissful calm.

## SPECIAL PACKAGES

**PICK ME UP PAMPER** (2 hours) ..... £123.00

Dermalogica Pro Skin 30, Back, Neck & Shoulder Massage and Deluxe Manicure.

**LUXURY PAMPER** (4 hours) ..... £214.50

Includes Dermalogica Pro skin 60 Essential, Eyebrow Shape, Full Body Massage, refreshment, Express Colour Manicure and Deluxe Pedicure.

## COMPLIMENTARY THERAPIES

**REIKI** ..... £57.25

A Japanese healing treatment that will help to still the mind, calm emotions and heal the body – bringing inner peace.

**HOPI EAR CANDLES** ..... £41.50

A holistic approach to ear suffering – can help relieve sinus problems, headaches, catarh and clogged ears. A soothing treatment which includes a pressure point massage to face and ears.

**REFLEXOLOGY** ..... £57.25

A specialised ancient healing art working on the reflex points of the feet to stimulate circulation, detoxicate, relax and restore the free flow of energy to the whole body.

## TANNING

Manual application

Full body ..... £53.50

1/2 Body ..... £30.00

## EAR PIERCING

Complete with 24 carat gold plated

studs and aftercare lotion..... £45.00

## PLEASE NOTE

15% off for under 16's and students (with valid student card) on limited treatments (excluding Ear Piercing).

Do visit our 'walk in' nail bar on the ground floor in Bradbeers (perfumery department)

Check website for our customer care policy.

## OPENING TIMES

Monday .....9.00am to 5.10pm

Tuesday ..... 9.00am to 5.10pm

Wednesday ..... 9.00am to 5.10pm

Thursday ..... 9.00am to 8.00pm

Friday..... 9.00am to 5.10pm

Saturday ..... 9.00am to 4.00pm

Gift vouchers available



All prices include VAT.  
VAT registration no. 45899701

14-20 Bell Street, Romsey, Hampshire SO51 8ZE

Tel: 01794 526 617 [www.beauty-studio.co.uk](http://www.beauty-studio.co.uk)



# Treatment Price List

Suzanne Portman



Effective from 1.4.26

## HAIR REMOVAL

### WAXING

Half Leg (lower leg).....	£26.75
Half Leg (upper leg).....	£35.25
Half Leg & Bikini/Underarm.....	£39.00
Half Leg, Bikini & Underarm.....	£48.50
Half Leg & Brazilian/ Hollywood.....	£57.25
Full Leg.....	£42.50
Full Leg & Bikini.....	£50.50
Full Leg, Bikini & Underarm.....	£55.25
Full Leg & Brazilian/ Hollywood.....	£71.00
Bikini.....	£24.25
Brazilian/Hollywood.....	£39.50
Underarm.....	£17.75
Forearm.....	£24.25
Lip or Chin.....	£16.00
Lip & Chin.....	£25.25
Lip, Chin & Eyebrow Shape.....	£28.00
Chest or Back.....	£35.75
Chest & Back.....	£53.75

## ELECTROLYSIS/ MILIA REMOVAL

Progressively permanent hair removal

Minimum charge.....	£20.75
Up to 20 minutes .....	£28.00
Up to 30 minutes .....	£38.00

## ADVANCED ELECTROLYSIS FOR SKIN BLEMISH REMOVAL

Advanced Electrolysis is a fast and effective treatment to safely remove skin tags, milia, thread veins, spider veins and blood spots. The procedure consists of cauterising the skin tag or blemish with a very fine electrolysis needle  
Please note thread and spider veins can be removed from face only.

Minimum charge.....	£40.75
Up to 20 minutes .....	£48.00
Up to 30 minutes .....	£58.00

## EYE CARE

A sensitivity test is compulsory 48 hrs prior to tinting, lash lifting and lamination.

Eyelash Tint.....	£27.50
Eyebrow Tint/Shape.....	£28.00
Eyebrow Tint.....	£19.75
Eyebrow Shape.....	£16.75
Eyelash & Eyebrow Tint.....	£35.75
Eyelash/Eyebrow Tint &Shape.....	£40.00

## ADVANCED EYE CARE

### EYEBROW LAMINATION

Lifts and smooths brows with the goal of creating sleeker, neater and fuller looking eyebrows. Includes a tint and shape..... £43.00

### MICROBLADING

Microblading is a semi permanent make up treatment used to solve eyebrow concerns. It is performed using a special tool with a fine blade to create hair like strokes. If you want to cover gaps, define or fill in overplucked brows, or barely there brows then Microblading is a fantastic option..... £300.00

### LASH LIFT

This is an exciting technique that gives you longer and fuller looking lashes without the need for extensions. Your own lashes are given a natural lift from the root and a colour boost is added, creating a beautiful 'open eyed' effect and a more youthful appearance that is completely natural. (lasts up to 8 weeks)  
..... £59.00  
Eyelash Lift and Eyebrow Lamination (save £20.00)..... £82.00

## HAND AND FOOT CARE

Express Colour Manicure/Pedicure .....	£28.00 (Nail shape is tidied followed with the colour of your choice.)
Deluxe Manicure .....	£45.25
Deluxe Pedicure .....	£50.00 (Includes cuticle work, scrub, massage, reshape and polish.)
Add heated mitts/boots .....	£14.50
Add on shellac to any Hand and Foot Care treatment.....	£14.50

## SHELLAC

No chipping, no smudging, no kidding. A hybrid polish that dries in zero time giving you a flawless, mirror finish. Includes cuticle work and nail shape.

Shellac file and apply.....	£38.50
Shellac soak off and reapply.....	£48.50
Shellac soak off only.....	£17.75
Shellac removal with any other nail treatment.....	£12.50
Nail art.....	from £11.25
Add on French.....	£5.50

## BUILDER IN A BOTTLE

BIAB is a self-levelling gel polish designed to strengthen and reinforce natural nails. It's perfect for weak or thin nails, providing a long-lasting, durable finish.

Builder Overlays.....	£50.00
Builder Infills .....	£50.00
Builder form broken nail.....	£7.00
Builder Soak off.....	£27.50

## DERMALOGICA SKIN TREATMENTS

Whatever your skin concern, we have the experience, knowledge, medical grade products and professional skin treatments to deliver the best results tailored to your skin goals.

**PRO SKIN EXPRESS** (30 mins)..... £50.25  
Targeting your key skin concerns for maximum impact in minimum time. This treatment is a firm favourite with those who have just 30 minutes and want visible results.

**PRO SKIN ESSENTIAL** (50 mins)..... £75.25  
The ultimate treatment, different every time. Customised with advanced product, technique and technology in a soothing environment. The ideal choice for those that want a comprehensive experience to address all skin concerns and achieve healthy, glowing skin.

**PRO SKIN AGE SMART** (50 mins)..... £85.25  
For prematurely ageing and mature skin. This treatment delivers immediate results using Age Smart range of products with vitamins and hydroxy acid exfoliation to resurface and re-texture the skin.

**LUMINFUSION** (60 mins)..... £95.25  
An advanced needle free facial to diminish the signs of ageing and achieve the ultimate glow. Using needle free nano infusion to help push the products deeper into the skin to create fantastic results. High levels of exfoliation and highly active serums are also applied to resurface and infuse the skin. Completed with LED light therapy to increase cell energy by 200% leaving the skin completely energised and hydrated.

**LED LIGHT THERAPY FACIAL** (30 mins)..... £43.00  
Professional grade LED light therapy offers total skin rejuvenation. This versatile treatment can be customised to target different skin conditions such as acne breakouts, redness, inflammation, fine lines and wrinkles, eczema, psoriasis, acne scarring and healing.

**ADVANCED TREATMENT ADD ONS**  
LED light therapy..... £16.50  
Plump Peel..... £16.50

**MICRONEEDLING** (60 mins)..... £122.50  
Course of 3 recommended every 4 weeks (saving £60)..... £307.50  
Microneedling is a minimally invasive but extremely effective anti ageing and rejuvenating treatment. Using very fine needles to puncture the surface of the skin to stimulate a healing response which increases collagen and elastin production. Recommended for ageing, brightening, acne scarring and pigmentation.

**DERMAPLANING** (50 mins)..... £68.75  
A gentle non invasive form of exfoliation that removes the top layer of dead skin cells and fine facial hair. This encourages skin to regenerate skin cells leaving the complexion smoother, softer and brighter, giving a flawless finish when applying makeup (contrary to popular belief, vellus hair will not grow back thicker or darker, it will grow back at the same rate.)

## CACI NON SURGICAL FACE LIFT

An advanced, non-invasive facial treatment using microcurrent impulses to lift and tone. For optimal results, CACI is designed to be carried out as a course of 10 treatments over a 4 week period.

### CACI SIGNATURE

1-hour treatment targeting the entire face.

60mins.....	£76.75
Course of 5 (Saving £38.38).....	£345.37
Course of 10 (Saving £76.75).....	£690.75

### CACI ULTIMATE ANTI AGEING FACIAL

This treatment includes everything in the standard facial, with the added benefits of microdermabrasion, mask, and a wrinkle comb. Targeting deep lines, wrinkles and hydration.

(90 mins).....	£114.50
Course of 5 (Saving £57.25).....	£515.25
Course of 10 (Saving £114.50).....	£1,030.50

### CACI JOWL LIFT

Specifically targets muscle laxity round the jaw line area.

30 mins.....	£38.00
Course of 10 recommended 2/3 times weekly (saving £38.00).....	£342.00
Add on Jowl.....	£24.25
Add on Jowl Course of 10 (Saving £24.25).....	£218.25

### CACI EYE REVIVE

Lift and tones sagging muscles around the eyes. Includes an eye mask to reduce fine lines, dark circles and puffiness.

40 mins.....	£59.50
Course of 5 (Saving £29.75).....	£267.75
Course of 10 (Saving £59.50).....	£535.50

### CACI EYE REVIVE AND JOWL LIFT

Targets jaw line and eye area.

60 mins.....	£80.00
Course of 5 (Saving £40.00).....	£360.00
Course of 10 (Saving £80.00).....	£720.00

### CACI ELECTRO CELLULITE MASSAGE

Quickly lifts, shapes, and tones the buttocks and thighs. The rollers help reduce cellulite and flush out toxins for smoother, firmer-looking skin.

30 mins.....	£38.00
Course of 10 recommended 2/3 times weekly (saving £38.00).....	£342.00

### CACI HAND REJUVENATION

This nourishing hand treatment uses special gloves and a hydrating mask to moisturise and reduce fine lines for a more youthful appearance.

30 mins.....	£40.00
Add on to any other CACI treatment (20mins) .....	£27.50
Course of 10 (saving £40.00).....	£360.00